

Please complete an individual reply card for each participant

Scientific committee

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ESRA Board Member/SARA Board Member

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Dr Andrea Saporito

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SARA Education Officer

Target group

Medical doctors and nurses of anaesthesia

Registration fee

Symposium

Medical doctors:	CHF 250.–
SARA-members:	CHF 200.–
Doctors in training:	CHF 180.–
Nurses:	CHF 100.–

Limited number of 50 participants for the workshops!

Hands-on tutorial on Friday 13th June (medical doctors only)

Additional fee: CHF 100.–

The course fee includes:

Lunch, refreshments, certification and all lectures as download.

Parking

Day pass for the hospital parking available at the registration desk for CHF 10.– (due to limited parking capacity we advise to use the public transport).

Course language

English

Accreditation

SGAR: 8.5 credits
SGNOR: 4 credits
ICAN of SGUM: 0.5 day

Confirmation of participation

Following receipt of your registration you will receive the registration confirmation and invoice.

The participation fee is due at the latest two weeks prior to the start of the course.

Conditions of withdrawal

Cancellations must be carried out in writing. Upon withdrawal up to 4 weeks prior to the start of the course, participation fees are refunded to 100%; up to 7 days before the start of the course, 50% of participation fees will be refunded. For later cancellations or absences from the course the full participation fees will be charged.

The general business conditions of B. Braun Medical AG pertain.

Organisation

Helene Tuppinger, Coordinator Aesculap Academy

Registration

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Horizons of Knowledge

Competence to master the future.

The Aesculap Academy enjoys a world-wide reputation for medical training of physicians, senior nursing staff and staff in OR, anesthesia, ward and hospital management as well as family doctors. The CME accredited courses consist of hands-on workshop, management seminars and international symposia. For that the Aesculap Academy was given the Frost & Sullivan award as «Global Medical Professional Education Institution of the Year» three time in succession.

3rd SARA spring symposium and workshop

14th June 2014

Bellinzona



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ACADEMY

AESCULAP ACADEMY

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Dear Colleagues

It is our privilege to invite you to the 3rd SARA annual symposium and hands-on workshop in Bellinzona, Switzerland. The programme comprises lectures dealing with some of the most important current clinical topics and hands-on workshops presented by well-known authorities in the field of regional anaesthesia and pain therapy. This year, not only Swiss speakers but also some well-known speakers from abroad will join us. Don't miss the chance to learn from them.

We anticipate wide interactive participation of the audience and are convinced that this meeting will meet all your expectations. We greatly appreciate the continuous support of medical companies and are grateful to Aesculap Academy for their help in the organisation of the symposium.

This year we have the possibility to join for free the Swiss Paediatric Anaesthesia Society Meeting on Friday afternoon, also in the Auditorium Block F. Don't miss this additional opportunity!

We extend a very warm welcome to you and we look forward to seeing you in Bellinzona.

Dr Andrea Saporito
Chairman
Organizing and Scientific Committee

Prof. Alain Borgeat
Co-Chairman
Scientific Committee

Saturday 14th June 2014

SYMPOSIUM

08.30–09.00 *Registration*

09.00–09.10 **Welcome and introduction**
Dr Andrea Saporito/Dr Slobodan Gligorijevic

09.10–09.30 **Improving post operative outcome using multimodal analgesia techniques**
Dr Narinder Rawal

09.30–09.50 **Sedation during regional anaesthesia**
Prof. Alain Borgeat

09.50–10.10 **Ambulant surgery: the impact or RA**
Dr Paolo Grossi

10.10–10.30 **Dexamethasone to prolong single shot blocks**
Dr Eric Albrecht

10.30–11.00 *Coffee break*

11.00–11.20 **Postoperative cognitive outcome and the impact of anaesthesia**
Dr José Aguirre

11.20–11.40 **Hot topics in paediatric regional anaesthesia**
Dr Martin Jöhr

11.40–12.00 **New ESRA/ASRA joint guidelines for paediatric regional anaesthesia**
Dr Giorgio Ivani

12.00–12.20 **US guided blocks of the upper extremity: new developments**
Dr Sebastian Bloc

12.20–12.40 **US guided blocks of the lower extremity: new developments**
Dr Luc Mercadal

12.40–13.00 **Questions and Discussion**

13.00–14.00 *Lunch*

HANDS-ON WORKSHOP on human models
Max. 5 participants per ultrasound workshop, rotation to all workshops
(medical doctors only)
Rotations to all workshops: 14.00 – 19.00

40 min **Upper extremity: neck and supraclavicular**
Dr Luc Mercadal

40 min **Upper extremity: infraclavicular, axilla, distal**
PD Dr Stephan Blumenthal

40 min **Lower extremity: femoral, proximal sciatic**
Dr Sebastian Bloc

16.00–16.20 *Coffee break*

40 min **Lower extremity: popliteal, saphenous, ankle**
Dr Andreas Bürgi

40 min **Multimodal analgesic pathway for TKA (20 min)**
Dr Narinder Rawal
Multimodal analgesic pathway for THA (20 min)
Prof. Alain Borgeat

40 min **Abdominal wall, cutaneous nerves**
Dr Eric Albrecht

40 min **Blocks in paediatric anaesthesia**
Dr Giorgio Ivani
Dr Martin Jöhr

19.00–19.10 **Conclusion, evaluation, contribution of certificates**

Venue and date

14th June 2014
Ospedale Regionale di Bellinzona e Valli
Auditorium, Block F
6500 Bellinzona, Switzerland

Friday 13th June 2014

HANDS-ON TUTORIAL in the operating rooms, Ospedale Regionale e Valli, Bellinzona
Limited number of 8 participants! First in first serve.
(medical doctors only)

07.00–12.30 **Upper and lower limb: most common US-guided blocks in the operating rooms**
(English, French, Italian)
Dr Sebastien Bloc, Dr Luc Mercadal,
Dr Andrea Saporito

Most common US-guided blocks performed by experts on real patients, alternated with teaching sessions on the essentials of US-guided regional anaesthesia.

Accreditation: ICAN of SGUM: 0.5 day

Swiss Association of Paediatric Anaesthesia

13.00–17.00 Do not miss the opportunity to joint the annual symposium of the Swiss Association of Paediatric Anaesthesia in the Auditorium of the Regional Hospital of Bellinzona.
(Participation free of charge)

Online registration: www.aesculap-akademie.ch
3rd SARA spring symposium and workshop, Bellinzona
Saturday 14th June 2014

Medical doctors CHF 250.–
 SARA-members CHF 200.–
 Doctors in training CHF 180.–
 Nurses CHF 100.– (only symposium including lunch)

Hands-on tutorial, Friday 13th June 2014 (medical doctors only)

Upper and lower limb CHF 100.–

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