

Please complete an individual reply card for each participant

#### Scientific committee

##### Prof. Alain Borgeat

Head of Anaesthesia, Balgrist University Hospital, Zurich  
SARA President/ESRA Board Member

##### Dr Matthias Sluga

Senior Consultant Anaesthetist,  
HFR-Fribourg Hôpital cantonal, Fribourg  
SARA Board Member/Training & Education Officer

#### Faculty

##### Dr José Aguirre

Consultant Anaesthetist, Balgrist University Hospital, Zurich  
SARA Board Member/ESRA Council Member

##### Dr Moira Baeriswyl

Consultant Anaesthetist, CHUV, Lausanne  
SAOA President elect

##### Prof. Alain Borgeat

Head of Anaesthesia, Balgrist University Hospital, Zurich  
SARA President/ESRA Board Member

##### Dr Slobodan Gligorijevic

Consultant Anaesthetist, Hirslanden Klinik, Zurich  
SARA Past-President

##### Prof. Marc-Joseph Licker

Head of cardiothoracic Anaesthesia, HUG, Geneva

##### PD Dr Jacqueline Mauch

Senior Consultant Anaesthetist, Luzerner Kantonsspital, Luzern  
SARA Board Member/Training & Education Officer

##### Dr Pablo Mondragon

Senior Consultant Anaesthetist, HFR-Fribourg Hôpital cantonal,  
Fribourg

##### Dr Timo Palas

Consultant Anaesthetist, Private practice for pain therapy and  
acupuncture, Klinik Piano, Gottstattstrasse 24, Biel

##### Dr Matthias Sluga

Senior Consultant Anaesthetist, HFR-Fribourg Hôpital cantonal,  
Fribourg, SARA Board Member/Training & Education Officer

##### Dr Stéphane Villet

Senior Consultant Anaesthetist, HFR-Fribourg Hôpital cantonal,  
Fribourg

##### PD Dr Andreas Vogt, DEAA

Head of visceral, thoracic and liver transplant Anaesthesia  
Inselspital, University Hospital, Bern

#### Target group

Medical doctors and nurses of anaesthesia

#### Registration fee

##### Saturday 6<sup>th</sup> June: SYMPOSIUM

Medical doctors	CHF 250.–
Medical doctors (1 year SARA membership included)	CHF 220.–
SARA Members	CHF 180.–
Doctors in training	CHF 200.–
Doctors in training (1 year SARA membership included)	CHF 150.–
Nurses	CHF 50.–

##### Friday 5<sup>th</sup> June (medical doctors only): HANDS-ON TUTORIAL

Medical doctors: CHF 250.–

Doctors in training: CHF 200.–

In the evening a «meet the experts» dinner will take place with the faculty members and the workshop participants (included in the fee).

#### The course fee includes:

Lunch, refreshments, certification

#### Parking

Free of charge (sponsored by HFR-Fribourg Hôpital cantonal)

#### Course language

Official language of the symposium is English.

Speakers will give their lectures in German (G), French (F) or English (E). Presentation slides will be in English.

#### Accreditation

##### Friday:

ICAN of SGUM: 1 day (8 hours)

SGAR: 8 Credits

SGNOR: 8 Credits

##### Saturday:

SGAR: 4.5 Credits

SGNOR: 5 Credits

#### Confirmation of participation

Following receipt of your registration you will receive the registration confirmation and invoice.

The participation fee is due at the latest two weeks prior to the start of the course.

#### Conditions of withdrawal

Cancellations must be carried out in writing. Upon withdrawal up to 4 weeks prior to the start of the course, participation fees are refunded to 100%; up to 7 days before the start of the course, 50% of participation fees will be refunded. For later cancellations or absences from the course the full participation fees will be charged.

The general business conditions of B. Braun Medical AG pertain.



## Horizons of Knowledge

Competence to master the future.

The Aesculap Academy enjoys a world-wide reputation for medical training of physicians, senior nursing staff and staff in OR, anaesthesia, ward and hospital management as well as family doctors. The CME accredited courses consist of hands-on workshop, management seminars and international symposia. For that the Aesculap Academy was given the Frost & Sullivan award as «Global Medical Professional Education Institution of the Year» three time in succession.

### 4<sup>th</sup> SARA spring symposium

6<sup>th</sup> June 2015

Fribourg / Freiburg

Aesculap Academy  
B. Braun Medical AG  
Cornelia Fuchs  
Seesatz 17  
6204 Sempach  
Switzerland



#### AESCULAP AKADEMIE

B. Braun Medical AG | Seesatz 17 | 6204 Sempach | Switzerland

#### Organization

Helene Tuppinger, Coordinator Aesculap Academy

#### Registration

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www.aesculap-akademie.ch



## Course Objectives

It is our privilege to invite you to the 4<sup>th</sup> SARA spring symposium in Fribourg, Switzerland. SARA is very thankful to the HFR-Fribourg Hôpital cantonal / HFR-Freiburg Kantonsspital for hosting us and in particular to the colleagues from the department of anaesthesia, resuscitation and pain treatment for all their organizational efforts.

This year's programme comprises state-of-the-art lectures, future development and economical aspects of regional anaesthesia and provides exciting and comprehensive up-to-date learning opportunities for consultants, specialty doctors, trainees and fellows.

On Friday hands-on ultrasound workshops will take place in the OR presented by an expert faculty of well-known authorities in the field of regional anaesthesia and pain therapy.

We anticipate wide interactive participation of the audience and are convinced that this meeting will meet all your expectations.

We greatly appreciate the continuous support of medical companies and are grateful to Aesculap Academy for their help in the organisation of the symposium.

We extend a very warm welcome to you and we look forward to seeing you in Fribourg/Freiburg.

<b>Prof. Alain Borgeat</b> SARA President	<b>PD Dr Lennart Magnusson</b> Chairman of the Department of Anaesthesia, resuscitation and pain treatment, HFR-Fribourg Hôpital cantonal	<b>Dr Matthias Sluga</b> Chairman Organizing Committee Chairman Scientific Committee
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## Programme

**Saturday 6<sup>th</sup> June 2015**

### SYMPOSIUM: Central Neuraxial Blocks

*08.30 a.m. Registration and welcome coffee*

#### Scientific session:

09.00 a.m. **Welcome and introduction**  
Prof. Alain Borgeat/Dr Matthias Sluga

09.15 a.m. **SARA: Quo vadis?**  
Dr José Aguirre (E)

#### Scientific session: Spinal anaesthesia

Chair: Dr Stéphane Villet

09.30 a.m. **Ultrashort spinal anaesthesia for ambulatory surgery**  
Dr Timo Palas (G)

10.00 a.m. **Failed spinal anaesthesia: mechanisms, management and prevention**  
Prof. Alain Borgeat (F)

10.30 a.m. **Ultrasound-assisted approach to spinal anaesthesia: Is there a place in daily practice?**  
Dr Moira Baeriswyl (E)

#### Questions and discussion

*11.30 a.m. Coffee break*

## Programme/Venue and date

### Refresher courses:

Chair: Dr Pablo Mondragon

12.00 p.m. **The role of paravertebral block in perioperative analgesia with focus on thoracic surgery**  
PD Dr Andreas Vogt (E)

12.30 p.m. **Epidural technique for postoperative pain: Still the gold standard for thoracic surgery?**  
Prof. Marc-Joseph Licker (F)

01.00 p.m. **Neuraxial anaesthesia for children**  
PD Dr Jacqueline Mauch (G)

01.30 p.m. Guest Lecture  
**Complications and controversies of neuraxial block – an update**  
Dr Slobodan Gligorijevic (G)

02.15 p.m. **Questions and discussion**

02.30 p.m. **Conclusion, evaluation, contribution of certificates**

*02.45 p.m. Lunch*

*03.45 p.m. End of symposium*

### Venue and date

6<sup>th</sup> June 2015  
HFR-Fribourg Hôpital cantonal/HFR-Freiburg Kantonsspital  
Salle Jean-Bernard, Floor K  
Fribourg/Freiburg

## Special participation

**Friday 5<sup>th</sup> June 2015**

**HANDS-ON TUTORIAL in the operating rooms, HFR-Fribourg Hôpital cantonal, Fribourg**  
**Limited number of 12 participants! First in first serve. (medical doctors only)**

### Upper limb: most common US-guided blocks in the operating rooms

Most common US-guided blocks performed live in theatre on real patients by experts, alternated with teaching sessions on the essentials of US-guided regional anaesthesia.

In collaboration with the department of orthopedic surgery and traumatology.

07.00 a.m. **Upper extremity: neck, interscalene, supraclavicular, axillary, distal**  
Dr Matthias Sluga

**Lower extremity: femoral, proximal sciatic, popliteal, saphenous, ankle**  
Dr Pablo Mondragon

**Abdominal wall, cutaneous nerves**  
Dr Stéphane Villet

*05.15 p.m. End of workshop*

Workshops in English, French and German

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## Registration

**Online registration: [www.aesculap-akademie.ch](http://www.aesculap-akademie.ch)**

**4<sup>th</sup> SARA spring symposium, Fribourg/Freiburg**  
**Saturday 6<sup>th</sup> June 2015: SYMPOSIUM**

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<input type="checkbox"/> Nurses	CHF 50.–

**Friday 5<sup>th</sup> June 2015: HANDS-ON TUTORIAL (medical doctors only)**

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<input type="checkbox"/> Hospital address	<input type="checkbox"/> Ms
<input type="checkbox"/> Private address	<input type="checkbox"/> Mr

Title
First name/Surname
Department
Hospital
Street/No.
Postcode/City
Country
Phone
<b>E-Mail required</b> (only for administrative purposes)
Date/Signature

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 VISA    MasterCard    American Express

The cardholder's name (exactly as embossed on the card)
Card number
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CVC2/CVV2 code (3-digit number found on the reverse side of card)