



State of the Art Safety Standards in RIA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA

One day
One program

4TH EUROPEAN DAY OF REGIONAL ANAESTHESIA

Saturday, 11 September 2021

ZURICH



Balgrist University Hospital
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8008 Zurich



Registration:

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Registration Fees:

Non-ESRA / Non-SARA Member	300.00 CHF
ESRA & SARA Member	150.00 CHF
Residents	150.00 CHF

SGAR, SGUM, EDRA and SGNOR Credits requested

Kursleitung Prof. Dr. med. Urs Eichenberger, PD Dr. med. José Aguirre

With a special thanks to our sponsors

Sponsors will follow

Modifications of number of Workshops, number of participants / Workshop (4-5), audience in auditorium (lectures and live demo) are depending on valid COVID-19 restrictions in September 2021.

08:20 – 12:35 Podcasts & Lectures

Welcome & Introduction	Prof. U. Eichenberger, PD Dr. J. Aguirre, Prof. T. Volk (GER)
PODCAST: Tools for comfort in the theater for awake surgery: music & virtual reality	Dr. V. Graff (USA)
Patienten blood management and regional anaesthesia in orthopedic surgery	Dr. A. Saporito (SUI)
PODCAST: Tips & Tricks for Neuraxial Ultrasound	Dr. M. Karmakar (CHN)
Scientific evidence of the iPACK for clinical practice	Dr. E. Albrecht (SUI)
PODCAST: POCUS: the newest power of the anaesthesiologist	Dr. J. Boublik (USA)
Reintroducing Prilocaine and Chloroprocaine: what we have learned in the last 10 years	Dr. J. Bonvini (SUI)

10:05 – 10:25 Coffee Break

PODCAST: Prevention & management of nerve injury associated to nerve blocks	PD Dr. J. Aguirre (SUI)
General versus regional anaesthesia for carotid surgery	Dr. S. Grape (SUI)
PODCAST: Understanding the European clinical practice recommendations on opioids for non-cancer pain	Dr. W. Häuser (GER)
Effective ways to manage the inadequate obstetric epidural	Dr. M. Robertson (SUI)
PODCAST: Best technology and outcomes for radiofrequency ablation of major joint	Dr. A. Krol (UK)
Peripheral nerve stimulation for chronic postoperative pain	Dr. M. Cachemaille (SUI)
(Regional-) Anaesthesia for Ophthalmic surgery	Dr. F. Lersch
PNB – ist there still a place for nerve catheters?	Dr. R. Zürcher

12.:35 – 13:15 Lunch (according to COVID-19 restriction)

13:15 – 17:10 Workshops & Live-Demonstrations

**5 possible Workshops of 45 minutes each
(13:15-14:00 / 14:00-14:45 / 14:45-15:30 / 15:40-16:25 / 16:25-17:10)**

A: Interactive Live-Demo: US-guided block for pain treatment	B: Truncal blocks A (PECS 1&2, Serratus plane block)
C: Paravertebral & Erector spinae block	D: Truncal blocks B (TAP, QLB, suprainguinal fascia iliaca)
E: Blocks for shoulder surgery	F: Blocks for knee surgery (femoral, adductor canal, iPACK)
G: Rescue blocks of the upper and lower extremities	H: Blocks around the clavicle
I: Sciatic nerve approaches	J: Blocks for Ophthalmic anaesthesia

17:10 Handout Certificates of attendance