

SARA Hands on Ultrasound Workshop in Regional Anaesthesia and pain Therapy

Targeted participants: Beginners / intermediate US users for the one WS and colleagues with a good basic knowledge in US guided RA for the aficionados/experts WS.

A faculty of expert teachers and participants will have the opportunity to practice and discuss questions in groups of 5 participants per tutor max. on live models. Bring your questions and wishes – we will try to answer them.

Each participant ranks his preferred 6 topics from the list below with numbers from 1 (=first choice) to 6 (=last choice). Four WS (45 min duration each) can be visited. We will try to concentrate on your individual needs and choice and we will form new groups for each single WS according to your wishes. You will get a personalized rotation plan.

Both Workshops fulfill the requirements for the "Ultraschall-gesteuerte Regionalanästhesie und Gefäßpunktion" in accordance with the component 10 of the FA POCUS of the SGUM)

SGAR and SGUM Credits: requested
Credits for EDRA: requested

Hands on Ultrasound Workshop in regional anaesthesia for beginners/intermediate users and aficionados/experts

A. Theory Block (both levels in parallel)

Beginners / intermediate users

08:30	Welcome
08:40	Basics of ultrasound Physics, artefacts, doppler, image optimization <i>Dr. med. Heinz Bruppacher, Basel</i>
09:10	The basics of use of ultrasound in RA Needle guidance, asepsis, safety principles, ergonomics <i>Dr. Beat Wirthmüller, Berne</i>
09:45	Questions & discussion / organizational remarks
10:00 – 10:15	Coffee Break
10:30	Workshop beginners / intermediate users according to rotation plan

Aficionados/experts

08:30	Welcome
08:40	Ultrasound guided blocks for truncal blocks PECS, TAP, QLQ, ESB: tips and tricks <i>Dr. med. Barbara Rupnik, Zurich</i>
09:10	Ophthalmic locoregional anaesthesia with and without US <i>Dr. med. Friedrich Lersch, Berne</i>
09:45	Questions & discussion / organizational remarks
10:00 – 10:15	Coffee Break
10:30	Workshop aficionados/experts according to rotation plan

B. Hands on Ultrasound Workshop (both levels in parallel sessions)

Workshop rotation plan beginners/intermediate users

Workshop rotation plan aficionados/experts

10:30 – 12:00 Workshops I & II

12:00 – 12:45 Workshop III

12:45 – 13:15 Lunch (organized by BBS Congress)

13:15 – 14:45 Workshops IV & V

Workstations Beginners / intermediate user

Basics for interscalene / block

Dr. med. Sina Grape, Sion

Infraclavicular / axillary block

Dr med. Fabrizio Beretta, Bellinzona

Femoral & Adductor canal block

Dr. med. Roxane Fournier, Geneva

Popliteal block (distal rescue N. tibialis)

To confirmed

Beginners Needling – practical training

Dr Christoph Kronenberg &
Dr Roberto Dossi, Bellinzona

Workstations aficionados / experts

Alternatives to interscalene block

Dr. Wirthmüller, Berne &
Dr. R. Zürcher, Basel

**Supraclavicular / Modern approaches
for infraclavicular block**

Dr. med. Kevin Stebler, Geneva

**Paravertebral block, Erector spinae block
& intercostal block**

Dr Christoph Kronenberg &
Dr Roberto Dossi, Bellinzona

Chest wall blocks, abdominal wall blocks

Dr. med. B. Rupnik, Zurich

Blocks for pain: Peripheral nerves

Dr. med. Heinz Bruppacher, Basel

**Sub-tenon's block wet lab:
RA training on animal eyes**

Dr. med. F. Lersch